

## Scoring Alcohol Use Disorders Identification Test (AUDIT)

10.09.2023

Score: 17

Risk Level	Intervention	Score*
Zone I	Alcohol Education	0-7
Zone II	Simple Advice	8-15
Zone III	Simple Advice plus Brief Counseling and Continued Monitoring	16-19
Zone IV	Referral to Specialist for Diagnostic Evaluation and Treatment	20-40

\* The cut-off scores may vary slightly depending on the country's drinking patterns.

How often do you have a drink containing alcohol?	Monthly or less
How many standard drinks containing alcohol do you have on a typical day when drinking?	3 or 4
How often do you have six or more drinks on one occasion?	Monthly
During the past year, how often have you found that you were not able to stop drinking once you had started?	Monthly
During the past year, how often have you failed to do what was normally expected of you because of drinking?	Weekly
During the past year, how often have you needed a drink in the morning to get yourself going after a heavy drinking session?	Daily or almost daily
During the past year, how often have you had a feeling of guilt or remorse after drinking?	Never
During the past year, have you been unable to remember what happened the night before because you had been drinking?	Monthly
Have you or someone else been injured as a result of your drinking?	Yes, but not in the past year
Has a relative or friend, doctor or other health worker been concerned about your drinking or suggested you cut down?	No