

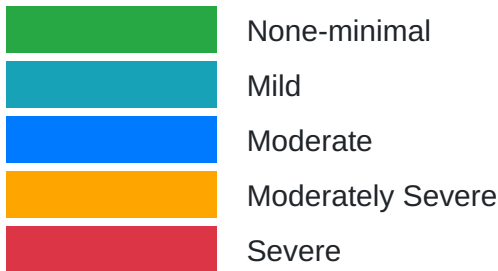
# Scoring Patient Health Questionnaire (PHQ-9)

10.09.2023



0 to 27

## Depression Severity



## Other Depressive Syndrome

Note: the diagnoses of Major Depressive Disorder and Other Depressive Disorder requires ruling out normal *bereavement* (*mild symptoms, duration less than 2 months*), a history of a *manic episode* (Bipolar Disorder) and a *physical disorder, medication or other drug* as the biological cause of the depressive symptoms.

### Over the last 2 weeks, how often have you been bothered by any of the following problems?

Little interest or pleasure in doing things	More than half the days
Feeling down, depressed, or hopeless	Nearly every day
Trouble falling or staying asleep, or sleeping too much	Not at all
Feeling tired or having little energy	Not at all
Poor appetite or overeating	Not at all
Feeling bad about yourself — or that you are a failure or have let yourself or your family down	Several days
Trouble concentrating on things, such as reading the newspaper or watching television	Not at all
Moving or speaking so slowly that other people could have noticed? Or the opposite — being so fidgety or restless that you have been moving around a lot more than usual	Nearly every day
Thoughts that you would be better off dead or of hurting yourself in some way	Several days

If you checked off any problems, how difficult have these problems made it for you to do your work, take care of things at home, or get along with other people?